African-American traditional; alt.

Heb. 12:1-15



Yes, my God.



Yes, my God.



This stanza may be added following stanza 1: Wheel with me while I run this race . . .

The words and music of some African-American spirituals have been widely adapted during the twentieth century, especially in the civil rights movement of the 1960s. The alternate words were suggested by a fifth-grade church school class to include those who must "run this race" in a wheelchair.

Tune: GUIDE MY FEET 8.8.8.10.

African-American traditional

Arr. Joyce Finch Johnson, 1992